EduScan INSTITUTE

SKILLS DEVELOPMENT

Time Table

DAY	1 9:00 – 9:30	2 9:30 – 10:00	3 10:00 – 10:30	4 10:30 – 11:00	5 11:00 – 11:30	6 11:30 – 12:00	7 12:00 – 12:30	8 12:00 – 1:00
Monday	Singing	Mindfulness	Dance	Break	Art & Craft		Sports	
Tuesday	Travelling	**ICE SKATING**					Break	Travelling
Wednesday	Mindfulness	Brain Gym / Aerobics	Dance	Break	Sports		Singing	Karate
Thursday	Karate	Pottery / Art & Craft		Break	**SWIMMING**			
Friday	Mindfulness	Brain Gym / Aerobics	Dance	Break	Art & Craft		Sports	

LEADERSHIP TRAINING

Time Table

DAY	1 9:00 – 9:30	9:30 – 10:00	3 10:00 – 10:30	4 10:30 – 11:00	5 11:00 – 11:30	6 11:30 – 12:00	7 12:00 – 12:30	8 12:00 – 1:00
Monday	Cr. Thinking	Mindfulness	Singing	Break	Public Speaking		Sports	
Tuesday	Travelling	**ICE SKATING**					Break	Travelling
Wednesday	Mindfulness	Brain Gym / Aerobics	Dance	Break	Memory & Concentration		Singing	Karate
Thursday	Cr. Thinking	Pottery / Art & Craft		Break	**SWIMMING**			
Friday	Mindfulness	Brain Gym / Aerobics	Dance	Break	Public Speaking		Singing	Sports